

Winter 2016 K-1st Small Ball Co. Rec. Hoops

Game Rules/Guidelines

Pregame:

- Each Program game day will consist of 35 minute practice followed by a game.
- Games will be broken down to four (4) six (6) minute quarters with no halftime break.
- K-1st Grade will play with a Junior Size basketball.

| Program Duration | Time |
|------------------|---------------|
| Team Practice | 25-35 minutes |
| Quarter 1 | 6 minutes |
| Quarter 2 | 6 minutes |
| Quarter 3 | 6 minutes |
| Quarter 4 | 6 minutes |

- Prior to game, volunteers are encouraged to assist with team benches & possession arrows.
- There will be no score kept during the games

Game Rules: Basic basketball rules will apply for the Small Ball Hoops Program.

Coaches/Officials will be helpful in regards to traveling, double dribbling etc. This is a program with the emphasis of getting participants “feet wet” with the game of basketball. As a reminder, this is a beginner athlete program.

- Game will begin with a jump ball

Offense:

- On shooting fouls, player will receive one foul shot from the small ball free throw line.
- Coaches are going to make a strong attempt to have players pass 3 to 4 times before shooting the ball.
- Coaches will encourage players to not stay in the “Key” area for more than 7 seconds. A “friendly” loss of possession could take place.

Defense:

- 5 floor spotters will be placed on each end of the court to help players identify the 2-3 zone defense concepts.
- Colored wristbands are used to assist the players with man to man defense. Players will guard the opposing player with the same colored wristband.
- Coaches will have the opportunity to sub at the 3 minute mark of each quarter. During the substitution the exiting player will give his/her wristband to the entering player.
- At the end of each quarter teammates will shake hands, and then sub out with the next group of kids on their team.

Postgame:

- Once the game concludes, teams will hand wristbands to coaches and shake hands with the opposing team. Participants will receive any game play feedback, program paperwork, encouragement from coaches, and have a group break.

Contact Information:

Recreation Sports Coordinator
Program Coordinator
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